

Study Questions

Free Indeed: A Study in the Epistle of Galatians

We Reap What We Sow

Galatians 5:26 - 6:10

Opening Discussion

1. Brainstorm all the ways in life that we reap what we sow. Consider examples from gardening, parenting, relationships, work, athletics, school, hobbies, etc.
2. Share some heartbreaking experiences you or someone you know has experienced related to reaping what was sown.
3. What must be done to reap the harvest we want to reap? What does this mean in practical terms?

Bible Study

1. From our study of Galatians thus far, how would you define walking according to the flesh and walking by the Spirit?
2. Why does legalism (walking according to the flesh) produce the behaviors listed in 5:26? Contrast this “fruit” in 5:26 with the fruit of the Spirit in 5:22,23.
3. The behaviors of 5:26 show up most acutely when a fellow believer is “caught in any trespass.” That’s why only those who are “spiritual” should seek to restore a fellow believer. Why is this?

How does the legalist respond to a believer who has been “caught in any trespass?”

4. Galatians 6:1 records the proper response to one who is “caught in any trespass.” What should we do? Who should do it? How should it be done?
5. According to 6:2, to fulfill the law of Christ (5:14) we bear one another’s burdens. Thinking of the Church as the Body of Christ, how does this verse line up with Matthew 11:28-30?

How does Jesus give you rest as it relates to Galatians 6:2?

What does this say about the importance of your small group?

6. What does it mean to “bear one another’s burdens” in a practical way?

7. In Galatians 6:5, the term for “load” refers to a pack a soldier would wear. The term “burden” in 6:2 refers to a load one person couldn’t carry alone. What is the load each of us must bear ourselves according to 6:4,5?
8. Galatians 6:6-10 refer to living out our value system. What we determine to be of value in how we live day by day will determine what we sow, which will determine what we will eventually reap.

What does it mean to sow to the flesh?

What does it mean to sow to the Spirit?

Application

1. We cannot accomplish 6:1-5 unless we’ve processed 6:6-10. In other words, if we sow to the flesh we will never fulfill 6:1-5. If we do not sow to the Spirit we will never experience freedom.

What practical things must you do to sow to the Spirit?

What must you do to truly reap the freedom Christ died to make possible? List at least 5.

2. Is there anyone in your life who is “caught in any trespass” who needs to be restored?

Are you qualified, according to Paul, to do the job? What is your next step?

3. Ask God to help you understand what it means to sow to the Spirit daily.