

**The Truth About Our Life in Christ**

*A Study in the Book of Ephesians*

**Stand Firm**

Ephesians 6:10-24

**Study Questions**

**Opening Discussion**

1. Describe what you would consider to be your main “struggles” on a week-by-week basis. How do these struggles affect your Christian walk?
2. What has been your experience with “spiritual warfare”? What do you know about Satan and his army and how he operates?
3. How do you believe the average person in our culture views the devil? What evidence do you see in our culture of the devil at work?

**Bible Study**

1. Read Ephesians 6:10-24. According to Paul, who is our struggle against, as Christians?
2. What do we know biblically about the “schemes” of the devil?

Read 2 Cor. 2:10,11; 4:3-4; and John 8:44. How do these New Testament passages line up with Genesis 3:1-6?

3. Read Acts 19:13-17, 18-20. What more do we learn about the occult activity in Ephesus?
4. Think of the pieces of the armor as a guide to review what we’ve learned in Ephesians. Take Paul’s description and talk about what we’ve learned in Ephesians that addresses each piece of armor. Then go back and try to identify truth we’ve learned in Ephesians that relates to each piece of armor.
  - Belt of Truth
  - Breastplate of Righteousness
  - Boots of the Gospel of Peace
  - Shield of Faith
  - Helmet of Salvation
  - ◆ Sword of the Spirit

5. Now that you have discussed each piece of armor from Ephesians, what other passages shed light on each piece of armor?
6. Paul puts great emphasis on prayer in verses 18-20. Why? How does prayer fit with the pieces of armor he has listed? Why doesn't he include prayer as a piece of armor?

### **Application**

1. Based on this study, what do you believe is necessary to stand firm against the enemy? List three practical things you must do to stand firm.
2. Write down the three most significant truths that have impacted your life from our study in Ephesians.
3. Share with the group your list and how these truths have impacted you.
4. Spend time praying for one another, that we would all stand firm in this critical battle.

**\* Please note: This lesson concludes our study in the book of Ephesians and the end of our study lessons for this season. Group study lessons will again be available in September when we begin a study on the book of I John.**